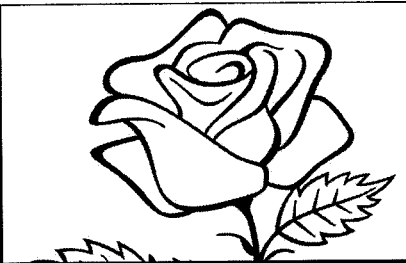


My Spiritual Bouquet

*I am following the
"Little Way" of
St. Therese of the
Child Jesus*



THE SCENT OF ROSES

Remember to tell Jesus:

"My little Jesus, I love you."

The challenge for this week is to **speak respectfully to your parents**, even if they ask you to do something that you would rather not do. Every time you do this challenge, you gather a rose for Jesus.

For 9/17/17, I gathered ____ roses.

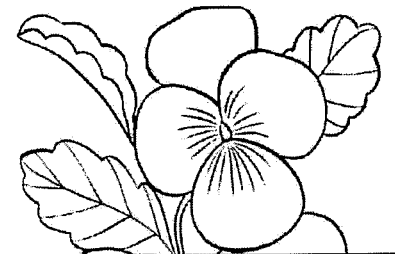
Name _____

Grade _____ Catechist _____

Cathedral of St. Raymond Nonnatus Religious Education

My Spiritual Bouquet

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Child Jesus*



THE SCENT OF VIOLETS

Remember to tell Jesus:

"My little Jesus, give me your humility."

The challenge for this week is to **do something kind for a classmate**, which was not expected. Every time you do this challenge, you gather a violet for Jesus.

For 9/24/17, I gathered ____ violets.

Name _____

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THE SCENT OF DAISIES

Remember to tell Jesus:

"My little Jesus, give me your simplicity."

The challenge for this week is to **share your dessert with someone at the family table**. Every time you do this challenge, you gather a daisy for Jesus.

For 10/1/17, I gathered ____ daisies.

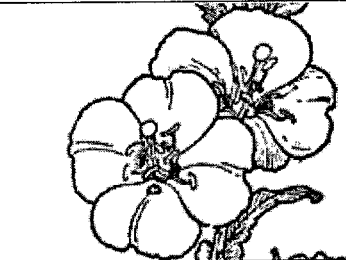
Name _____

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THE SCENT OF PRIMROSES

Remember to tell Jesus:

"My little Jesus, give me your sweetness."

The challenge for this week is to **say hello to a classmate who seems lonely and ask what you can do to help**. Every time you do this challenge, you gather a primrose for Jesus.

For 10/15/17, I gathered ____ primroses.

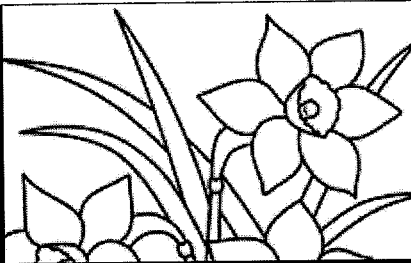
Name _____

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Cathedral of St. Raymond Nonnatus Religious Education

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THE SCENT OF CORNFLOWERS

Remember to tell Jesus:

"My little Jesus, make my heart
resemble the azure blue of the sky."

The challenge for this week is to **write out all the good things from the day and give thanks to God the Father for these gifts.** Every day you do this challenge, you gather a cornflower for Jesus.

For 10/22/17, I gathered ___ cornflowers.

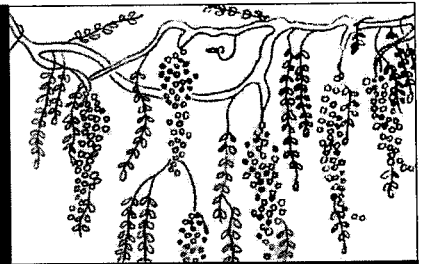
Name _____

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Cathedral of St. Raymond Nonnatus Religious Education

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THE SCENT OF WISTERIAS

Remember to tell Jesus:

"Oh Jesus, so sweet and so good,
I want to stay close to you,
give me the grace
of never being separated from you."

The challenge for this week is to **share with a family member your experience of Eucharistic Adoration: your favorite part, how you felt and what you did when you were close to the monstrance.** Every time you share, you gather a wisteria for Jesus.

For 10/29/17, I gathered ___ wisterias.

Name _____

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THE SCENT OF IMMORTALS

Remember to tell Jesus:

"My little Jesus, make me never stop loving you."

The challenge for this week is to **say "thank you" to your parents.** Every time you do this challenge, you gather a immortal for Jesus.

For 11/5/17, I gathered ___ immortals.

Name _____

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THE SCENT OF SNOWDROPS

Remember to tell Jesus:

"My little Jesus, make my heart as white as snow."

The challenge for this week is to **eat everything in your lunch.** Every time you do this challenge, you gather a rose for Jesus.

For 11/12/17, I gathered ___ snowdrops.

Name _____

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THE SCENT OF ALMOND BLOSSOM

Remember to tell Jesus:

*"Oh my little Jesus, it is in you that
I put all my confidence and joy."*

The challenge for this week is to **smile and hug a family member who needs love**. Every time you do this challenge, you gather an almond blossom for Jesus.

For 11/26/17, I gathered ___ almond blossoms.

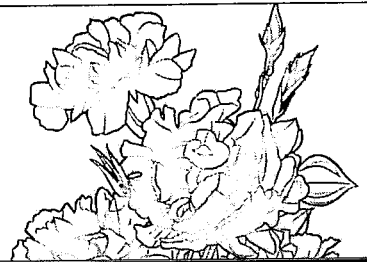
Name _____

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THE SCENT OF CARNATIONS

Remember to tell Jesus:

*"My little Jesus, I send you all
my regards from my heart."*

The challenge for this week is to **practice one of your assigned prayers**. Every time you do this challenge, you gather a carnation for Jesus.

For 12/3/17, I gathered ___ carnations.

Name _____

Grade _____ Catechist _____

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THE SCENT OF WALLFLOWERS

Remember to tell Jesus:

"My little Jesus, you are my only love."

The challenge for this week is to **say something kind to a member of your family**. Every time you do this challenge, you gather a wallflower for Jesus.

For 12/10/17, I gathered ___ wallflowers.

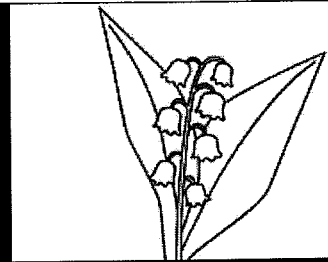
Name _____

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THE SCENT OF LILY OF THE VALLEY

Remember to tell Jesus:

*"My little Jesus, embalm my soul
with the perfume of all the virtues."*

The challenge for this week is to **smile and respectfully obey your parents when you are asked to do something**. Every day you do this challenge, you gather a lily of the valley for Jesus.

For 12/17/17, I gathered ___ lilies of the valley.

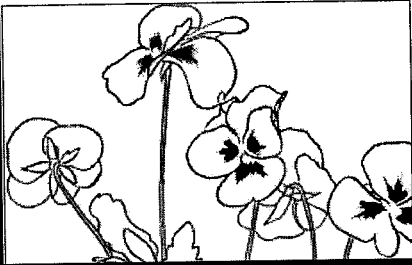
Name _____

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Cathedral of St. Raymond Nonnatus Religious Education

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THE SCENT OF PANSIES

Remember to tell Jesus:

*"My little Jesus, direct all the thoughts
of my heart to you."*

The challenge for this week is to **do an extra chore for your parents and for Jesus.** Every time you do this challenge, you gather a pansy for Jesus.

For 1/7/18, I gathered _____ pansies.

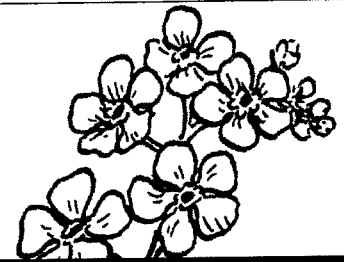
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THE SCENT OF FORGET-ME-NOTS

Remember to tell Jesus:

"Oh my little Jesus, give me your obedience."

The challenge for this week is to **spend a minute for every minute of your age praying for those children who are less fortunate than you.** Every time you do this challenge, you gather a forget-me-not for Jesus.

For 1/21/18, I gathered _____ forget-me-nots.

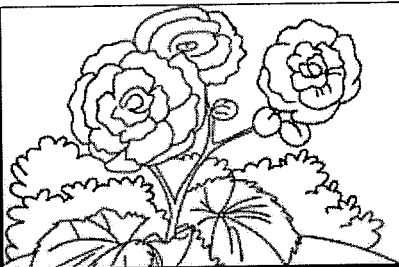
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THE SCENT OF BEGONIAS

Remember to tell Jesus:

*"My little Jesus, I do not want to be separated from
you, even for a moment."*

The challenge for this week is to **allow a friend or sibling to choose the game or activity you will play.** Every time you do this challenge, you gather a begonia for Jesus.

For 1/28/18, I gathered _____ begonias.

Name _____

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THE SCENT OF HYACINTHS

Remember to tell Jesus:

"O my little Jesus, increase my faith and love."

The challenge for this week is to **smile at your parents, siblings, teachers, friends, and classmates.** Every time you do this challenge, you gather a hyacinth for Jesus.

For 2/4/18, I gathered _____ hyacinths.

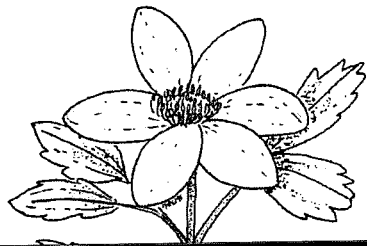
Name _____

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THE SCENT OF ANEMONES

Remember to tell Jesus:

"My little Jesus, you know how I am weak, hide me in your heart."

The challenge for this week is to thank Jesus for the priests in our parish. Every time you do this challenge, you gather an anemone for Jesus.

For 2/11/18, I gathered ___ anemones.

Name _____

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THE SCENT OF IRISES

Remember to tell Jesus:

"Oh little Jesus, may your will be done in my heart."

The challenge for this week is to choose to practice all but one of your assigned prayers. Every time you do this challenge, you gather an iris for Jesus.

For 2/25/18, I gathered ___ irises.

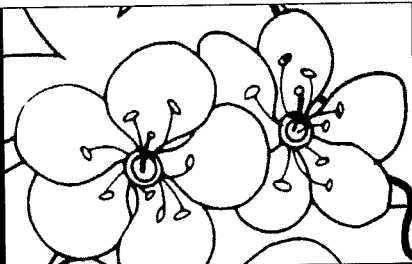
Name _____

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THE SCENT OF HAWTHORNS

Remember to tell Jesus:

"My little Jesus, bless me."

The challenge for this week is to recite a Hail Mary asking Mary to watch over your family. Every time you do this challenge, you gather a hawthorn for Jesus.

For 3/11/18, I gathered ___ hawthorns.

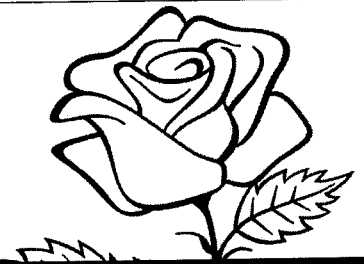
Name _____

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THE SCENT OF ROSES

Remember to tell Jesus:

"My little Jesus, I love you."

The challenge for this week is to speak respectfully to your parents, even if they ask you to do something that you would rather not do. Every time you do this challenge, you gather a rose for Jesus.

For 3/18/18, I gathered ___ roses.

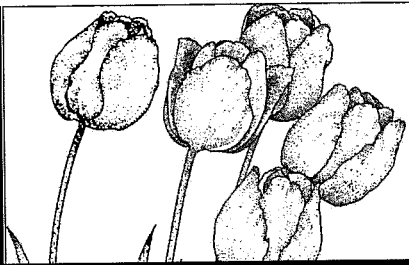
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THE SCENT OF CYCLAMENS

Remember to tell Jesus:

*"O Jesus in the Eucharist, I hunger for you, come
Quickly to feed my weak heart."*

The challenge for this week is to **do an extra chore out of love for You, Jesus, as I look forward to receiving You in Holy Communion**. Every time you do this challenge, you gather a cyclamen for Jesus.

For 3/25/18, I gathered _____ cyclamens.

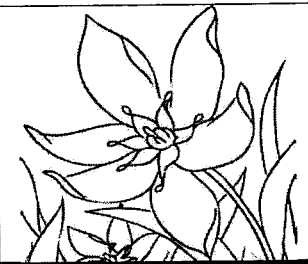
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THE SCENT OF MOONFLOWERS

Remember to tell Jesus:

*"Oh my little Jesus, let me always know
the starry night of your graces.."*

The challenge for this week is to **ask a family member to tell you where they made their First Holy Communion and how he/she felt that day**. Every time you ask a family member, you gather a moonflower for Jesus.

For 4/1/18, I gathered _____ moonflowers.

Name _____

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Cathedral of St. Raymond Nonnatus Religious Education

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THE SCENT OF DAISIES

Remember to tell Jesus:

"My little Jesus, give me your simplicity."

The challenge for this week is to **share your dessert with someone at the family table**. Every time you do this challenge, you gather a daisy for Jesus.

For 4/8/18, I gathered _____ daisies.

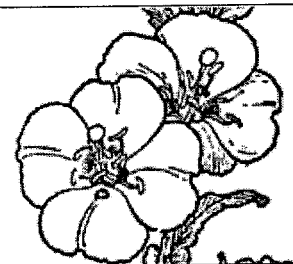
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THE SCENT OF PRIMROSES

Remember to tell Jesus:

"My little Jesus, give me your sweetness."

The challenge for this week is to **say hello to a classmate who seems lonely and ask what you can do to help**. Every time you do this challenge, you gather a primrose for Jesus.

For 4/15/18, I gathered _____ primroses.

Name _____

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THE SCENT OF CORNFLOWERS

Remember to tell Jesus:

*"My little Jesus, make my heart
resemble the azure blue of the sky."*

The challenge for this week is to **write out all the good things from the day and give thanks to God the Father for these gifts.** Every day you do this challenge, you gather a cornflower for Jesus.

For 4/22/18, I gathered ____ cornflowers.

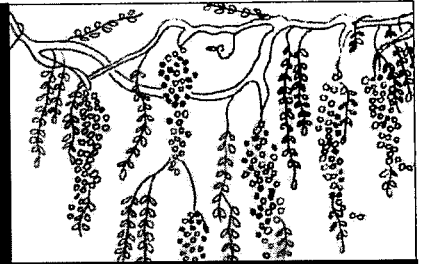
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THE SCENT OF WISTERIAS

Remember to tell Jesus:

*"Oh Jesus, so sweet and so good,
I want to stay close to you,
give me the grace
of never being separated from you."*

The challenge for this week is to **share with a family member your experience of Eucharistic Adoration: your favorite part, how you felt and what you did when you were close to the monstrance.** Every time you share, you gather a wisteria for Jesus.

For 4/29/18, I gathered ____ wisterias.

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